



2019 USATF **West Virginia** Association Junior Olympic Track & Field Championships



Saturday, June 15th, 2019
Cabell Midland High School
2300 U.S. Route 60 East, Ona, WV 25545

AGE DIVISIONS & ELIGIBILITY REQUIREMENTS:

Age Divisions
7 & 8 (born 2011 +)
9 & 10 (born 2009 – 2010)
11 & 12 (born 2007 - 2008)
13 & 14 (born 2005– 2006)
15 & 16 (born 2003 – 2004)
17 & 18 (born 2000-2002)
*athletes born in 2000 are only eligible if they do not turn 19 on or before 7/29/2019



Individuals: Only U.S. citizens, aliens living in the United States, and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions. A competitor must compete in his/her age division only. There will be no "moving up" in any events, including relays. Competitors in the 12 and under divisions may compete in a maximum of three events, including relays. Competitors in the 13 and up divisions may compete in a maximum of four events, including relays. Combined events are not included in the event count. All athletes must be 2019 members of USATF in good standing.

Relay Teams: Only registered 2019 USATF member clubs may enter a relay team(s). All athletes representing the club must be affiliated with and members of that club as part of their USATF membership. Membership is available at (usatf.org).

ENTRY PROCESS:

Entry must be completed at (www.athletic.net) pick the WV event from Track meet schedule list.

Entrance fee is \$10.00 per athlete.

On-Time Registration: Entry must be completed on line by midnight June 13th, 2019.

All entries must be made using (www.athletic.net). Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification) is required to be submitted to WV USA Track & Field via fax to 304-766-9478 or e-mail coachchipferrell@gmail.com. For relay team entry, please follow the instructions on the official Relay Roster Form.

AWARDS: USATF Junior Olympic medals awarded to the top six individuals (top three teams in the relay events) in each event of each age division.

ADVANCEMENTS: The top six individuals and relay teams in each event of each age division will advance to the USATF Region 5 Championships on July 5-6-7, 2019 at the University of Louisville, Louisville, KY.

USATF Junior Olympic National Championships: July 24 – 30, 2019 in Sacramento, CA.

<http://www.usatf.org/Events---Calendar/2019/USATF-National-Junior-Olympic-Track---Field-C.aspx>



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ONE DAY SCHEDULE **Order of Events**

Rolling Schedule: Youngest age group runs first. Girls before boys unless specified.

As one event ends, the next event start. Listen to the announcer for your events

9:00 AM Saturday June 15th

3000M Run (B 11-18)(G 11-18)
2000 M Steeplechase (G&B 15 - 8)
80M Hurdles (G&B 11-12) (30")
100M Hurdles (G 13-14) (30")
100M Hurdles (B 13-14)(G15-16/17-18) (33")
110M Hurdles (B 15-18) (39")
100M Dash Timed Finals (G&B)
400M Dash (Timed Final) (G&B)
4x100M Relay (G&B)

Break at noon for 30 min

4x800M Relay (G&B 13 – 18)
1500M Run (G&B)
200M Hurdles (G&B 13-14)
400M Hurdles (G&B 15-16/17-18)
800M Run (G&B)
200M Dash Finals (G&B)
4x400M Relay (G&B)
Race Walkers
5000M Run (M & W 19 & up)

FIELD EVENTS WILL START & PROCEED ON A ROLLING SCHEDULE

REPORT WHEN EVENT IS CALLED AND OFFICIALS MAY ASSIGN FLIGHTS AS NECESSARY

9:00 AM Saturday June 15th

Pole Vault all ages Girls then Boys
Discus ages 11 & up Boys then Girls
High Jump 9 & up Girls then Boys
Long Jump 7 & up Boys then Girls
Shot Put 7 & up Boys Then Girls
Mini Javelin ages 7 -12 Girls then boys
Javelin ages 13-18 Girls then Boys
Triple Jump 13 & up Girls then Boys

Hammer Throw will be conducted this year on Saturday afternoon at 3:00 PM

Running Events take precedence over Field Events. Get excused from the Field Event Official, run your race, and return within 10 minutes to the Field Official to report back.

IMPLEMENT WEIGH-IN: at the venue

CONTACT: Chip Ferrell
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