



2019 AAU District Qualifying Track & Field & Multi-Event Meet

Saturday, June 15th, 2019
Cabell Midland High School
2300 U.S. Route 60 East, Ona, WV 25545

Licensed by: Amateur Athletic Union (AAU) Meet

Directors: Felicia Ferrell
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Fees:

Entry fee is \$10.00 for each athlete. No entry fee will be transferred or refunded. **Entry will not be processed unless entry fee is paid by the deadline, 11:59 pm Eastern Time, Monday, June 10th. Bring a legible copy of a birth certificate or proof of age, along with a 2019 AAU membership card for each athlete entered; Do not send in advance. All entry fees must be paid online, no exceptions will be granted.**

Eligibility:

This meet is open to any athlete that falls within the age divisions listed below. Athletes aged 13 (Sub-Youth) and older may enter in up to a maximum of 4 events including relays. Younger age brackets may only enter in 3 events including relays. **If an athlete is entered into too many events, meet management reserves the right to reject the athlete from one or more events without notification.**

- This event is licensed by the Amateur Athletic Union of the U.S., Inc. All
- participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU **Youth** Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an Internet connection.
Be Prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed.
- Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

Junior Olympic Declaration and Registration Information: All participating AAU eligible Athletes qualify for the AAU Region 4 Championship June 27th – June 30th at Franklin Heights High School in Columbus, OH. The top 6 in each running and field event and top 6 relays will be able to compete in the National Championships July 27th through August 3rd at North Carolina A & T State University in Greensboro, NC.

https://coachoregistration.com/dbi-bin/meetinfo.aspx?Web_Site_Id=jo_aau&Meet_Id=aaujunolyg1901&Team_Id=&

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9:00 AM

Age Divisions:

Age divisions are determined by year of birth. Listed below are the events that will take place in each age division. The Young Men's/Women's division athletes born in 2000 must turn 19 after 08/03/2019, the final day of the national meet (07/27/2019-08/03/2019, North Carolina A&T University, Greensboro NC).

Age Divisions	100	200	400	800	1500	3000	10000	30000	20000	80000	100000	100000	200000	400000	L	T	J	D	S	H	P	400	400	400	M
	0	0	0	0	5	0	5	0	0	0	0	0	0	0	J	J	T	T	P	J	V	X	X	X	U
	0	0	0	0	0	0	0	0	0	H	0	0	0	0								1	4	8	L
							R	R	S													0	0	0	T
							W	W	t	C												0	0	0	I
Primary (2011 & Younger)	X	X	X	X										X					X			X	X		
Sub-Bantam (2010)	X	X	X	X	X		X							X					X	X		X	X		X
Bantam (2009)	X	X	X	X	X		X							X					X	X		X	X		X
Sub-Midget (2008)	X	X	X	X	X	X	X			X				X				X	X	X		X	X		X
Midget (2007)	X	X	X	X	X	X	X			X				X				X	X	X		X	X		X
Sub-Youth (2006)	X	X	X	X	X	X		X			X		X	X	X	X	X	X	X	X	X	X	X	X	X
Youth (2005)	X	X	X	X	X	X		X			X		X	X	X	X	X	X	X	X	X	X	X	X	X
Intermediate (2003-2004)	X	X	X	X	X	X		X	X		G	B		X	X	X	X	X	X	X	X	X	X	X	X
Young (2000-2002) + still 18	X	X	X	X	X	X		X	X		W	M		X	X	X	X	X	X	X	X	X	X	X	X

Entry Process:

Teams must be AAU registered teams:

All teams and unattached athletes must utilize the www.CoachO.com online entry process to permit a very efficient registration process that is easy to use. Athletes can be entered until 11:59 pm Eastern Time, Monday, June 10th.. You must pay for your entries with a credit card online or an e-check, or your entries will not be accepted. Immediately after registering online, individuals and teams will receive a receipt from the website, which will produce a list of all athletes registered for the meet. This receipt should be used as your transcript of your meet entries. If your athletes do not appear on the confirmation, they are not registered for the meet. Please take care of these issues prior to arriving at the meet, if at all possible.

Check-In Requirements:

Be sure to bring birth certificates and AAU cards with when you pick up numbers.

Awards:

In individual and relay events, medals will be awarded to participants who finish 1st - 6th place.

Facility:

The track is an 8-lane all-weather surface. Only ¼" or smaller pyramid spikes are allowed. Fully Automatic Timing & results will be done by Kanawha Valley Track & Field Officials Association and WV USA Track & Field using Finishlynx Cameras interfaced with Hy-Tek Meet Manager. No smoking, radios, glass containers, or alcoholic beverages are allowed in the facility.

Refreshments:

A Full Service Concession Stand and a hospitality area for officials are provided.

Equipment:

The meet management will provide starting blocks, batons, and throwing implements. There is no need to bring personal implements with you. Those who desire to utilize personal implements must obtain certification from the weights and measures meet official prior to competition, including pole vault poles. If personal implements are used, they will not be released until the end of the competition for that age group.

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Order of Events

Rolling Schedule -- Youngest age group runs first -- Girls run before boys -- As one event ends, the next event starts. Listen to the announcer for your events

9:00 AM Saturday June 15th

3000M Run (B 11-18)(G 11-18)
2000 M Steeplechase (B&G 15-18)
80M Hurdles (G&B 11-12) (30")
100M Hurdles (G 13-14) (30")
100M Hurdles (B 13-14)(G15-16/17-18) (33")
110M Hurdles (B 15-18) (39")
100M Dash Timed Finals (G&B)
400M Dash (Timed Final) (G&B)
4x100M Relay (G&B)

Break at noon for 30 min

4x800M Relay (G&B 13 – 18)
1500M Run (G&B)
200M Hurdles (G&B 13-14)
400M Hurdles (G&B 15-16/17-18)
800M Run (G&B)
200M Dash Finals (G&B)
4x400M Relay (G&B)
Race Walkers

FIELD EVENTS WILL START & PROCEED ON A ROLLING SCHEDULE

REPORT WHEN EVENT IS CALLED AND OFFICIALS MAY ASSIGN FLIGHTS AS NECESSARY

9:00 AM Saturday June 15th

Pole Vault 13-18 Girls then Boys
Discus ages 11 & up Boys then Girls
High Jump 9 & up Girls then Boys
Long Jump 7 & up Boys then Girls
Shot Put 7 & up Boys Then Girls
Javelin ages 13-18 Girls then Boys
Triple Jump 13 & up Girls then Boys

Running Events take precedence over Field Events. Get excused from the Field Event Official, run your race, and return within 10 minutes to the Field Official to report back.

IMPLEMENT WEIGH-IN: at the venue

CONTACT: Coach Chip Ferrell
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coachchipferrell@gmail.com